

## Course Content

1. **Basic Anatomy and Physiology Terminology.**
2. **Introduction to the Skeletal system:**  
The names of bones, location of bones, functions of bones, bone growth and development and common diseases and disorders.
3. **Introduction to the Muscular system including:**  
The location of major muscles in the body, muscle functions, classification of muscles, how the muscles move and work, and common diseases and disorders.
4. **Introduction to the Cardiovascular system and Lymphatic System including**  
The heart, function of blood, blood cells, arteries and veins, the lymphatic system, lymph nodes, fighting infection and common diseases and disorders.
5. **Introduction to the Digestive System including**  
The food groups, nutrients, digestive organs, general health and the importance of nutrients to the body.

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Are you doing a QQI level 5 Course in  
September which includes the module  
**Anatomy and Physiology?**

**Come to our free  
preparation for college course**  
Introduction to Anatomy and Physiology

Course dates:

June 4<sup>th</sup> to June 27<sup>th</sup>

Tuesday, Wednesday and Thursday

Mornings 10am -12pm

Venue:

**Crumlin College of Further Education,  
Crumlin Road, Dublin 12**

To book a place contact:

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